

# Manual Sit- Stand Desks



# Sit- Stand Desks

work in a healthier way, reduce hour sitting fatigue.

# You Must Know:

Health is more important than everything

## When you sit

The risk of cardiovascular diseases increases by

**40%** over time

The enzymes that help break down fat drop **90%**

uninterrupted for more than

**6** hours you counteract the effect of 60 min exercise

## When you stand

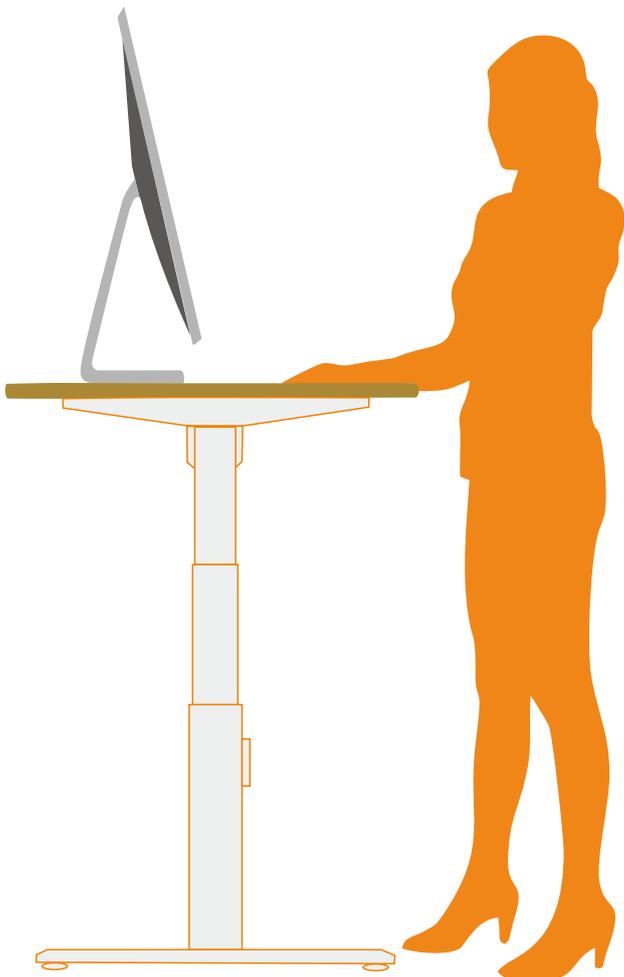
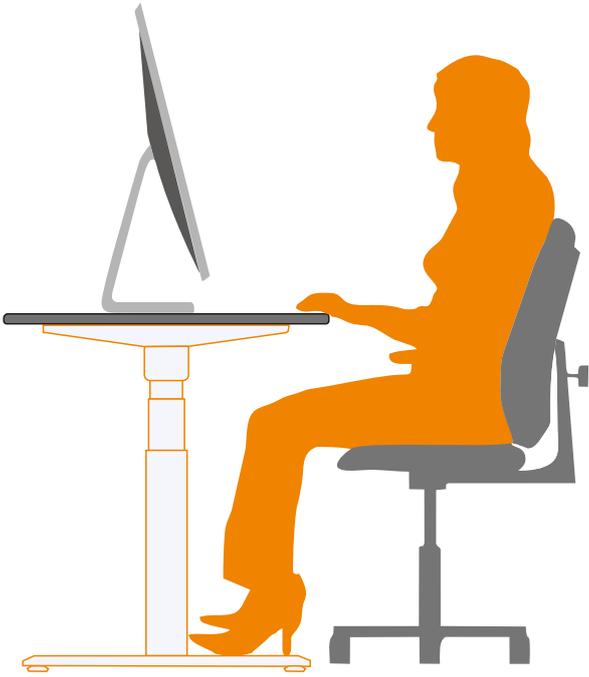
... and actively move around. you can reduce risk of cancer

up to **25%**

... you burn up to **50 kcal more** per hour compared to sitting

... you muscle activity is almost

**2.5 times** higher than during sitting



# Verified

5+ years  
OEM & ODM experience

20000+ pcs/M  
production capacity

100%  
production pass rate



5+ engineers  
professional experience

30+ pcs/M  
innovative options

50+ countries  
global market hot sale



# Manual

## Sit- Stand Desks

Our ergonomic adjustable desk frame is perfect for office, school, home and most working environments. Use this adjustable desk as a long lasting investment for both your employees and your business.



### Invest for your optimal working environment!

This ergonomic height adjustable desk offers smooth, easy manual adjustable experience. Perfect for home,

**Item#:MSSD12075**

Dimensions:  
 1200x750x25mm  
 47.2"x29.5"x1"

**Item#:MSSD15075**

Dimensions:  
 1500x750x25mm  
 49.1"x29.5"x1"

**Item#:MSSD18075**

Dimensions:  
 1800x750x25mm  
 70.9"x29.5"x1"

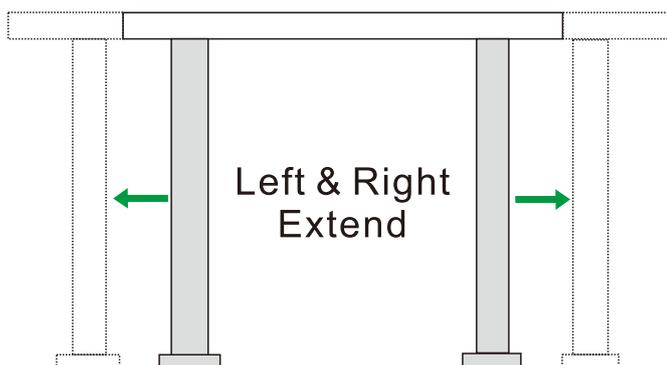
**Item#:MSSD20075**

Dimensions:  
 2000x750x25mm  
 78.7"x29.5"x1"



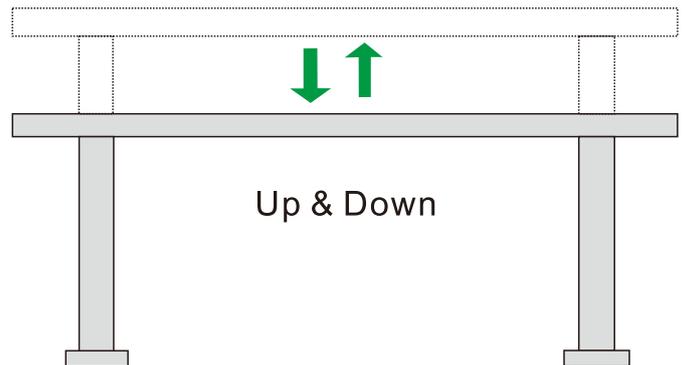
### One Design Frame with Different Options

Adapts to a variety of desktop shapes and sizes



### Smooth & Silent Adjustment

Solid lift mechanism that won't disturb your work

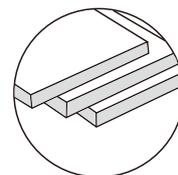


## MSSD0202-01 Series

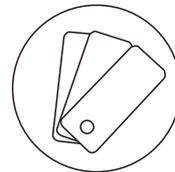
# Manual Sit- Stand Desks



## MSSD0202-01/G



### Desktop Color Options



### Frame Color Options



Specification:  
Loading: 80kgs

Height Adujtment:H695-1175mm  
1050-1600L\*580D

Leg Length:700mm

Fit desk size: L 1200-1800mm x W700 x 850mm

MSSD0202-01 Series

# Manual Sit- Stand Desks **Fames**



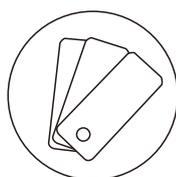
MSSD0202F-01/G



MSSD0202F-01/W



MSSD0202F-01/B



Frame Color Options

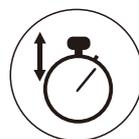


## SPECIFICATIONS

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**Operation**  
Crank+



**Lifting Ration**  
10mm per Turn



**Operation temperature**  
-5°C - +40°C



**Load Capability**  
75kg/165lbs

